

Summary

The COVID-19 pandemic has caused major disruptions to home and work life. Primary carers with school aged children are disadvantaged and struggle to get focussed working time. Caring responsibilities extend to caring for aging parents, sometimes at a distance, as well as mental health.

In response, the DCP has formed a working group to explore the lived experiences of primary carers working from home during the COVID-19 pandemic and to broadly to capture the complexity of care responsibilities, its affects and effects on wellbeing, mental health, and

career disruptions. This project also aligns with the ECP's A Fairer Start Initiative and builds on research conducted by the Women's Research Network. This research emerged out of the need to better understand how creative industry and arts-based practitioners who are carers aligned with the academy are affected by the COVID-19 pandemic. It will utilise the caring resource material gathered from creative ethnographic methods in order to advocate for and provide evidence of the challenges and disruptions to life and career through the lived experience of participants.



